



***Lincoln Elementary School
30 Lincoln Street
Augusta, ME 04330***

***Nicole Clark
Dean of Students***

***Heather Gauthier
Principal***

***Chelsey Kaiser
Guidance Counselor***

***Phone (207) 626-2483
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January 29th, 2021

Dear Staff, Students, and Families,

This letter is to inform you that an individual at Lincoln Elementary School has tested positive for COVID-19. The individual is in isolation. **The families of the students and staff who may be impacted have been contacted directly.**

We are informing you out of an abundance of caution. Please continue to monitor yourself/your student for signs and symptoms. Call a healthcare provider if symptoms start. It is important that you call a healthcare facility before you show up in person. Stay home if you are sick.

COVID-19 is a respiratory illness that ranges from mild to severe. It can be more severe in adults 60 years and older and in those with underlying conditions. The virus mainly spreads when an infected person coughs or sneezes and an uninfected person breathes in the virus. Signs and symptoms include:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion/Runny Nose
- Nausea or vomiting
- Diarrhea

Please keep in mind that many things can cause respiratory illness, so students and staff should be up-to-date on influenza and routine vaccinations.

Please continue to wear masks, practice social distancing and wash your hands.

Questions for the school can be directed to Heather Gauthier, Principal, or Jessie Eastman, Nurse, at Lincoln School, Monday morning, by calling (207) 626-2483.

For general COVID-19 questions, dial 211 (or 1-866-811-5695). You can also text your ZIP code to 898-211 or email info@211maine.org.
www.maine.gov/dhhs/coronavirus or www.cdc.gov/coronavirus.

Sincerely,

Heather Gauthier

Principal, Lincoln Elementary School