


OCTOBER 2021 ELEMENTARY LUNCH MENU

AVAILABLE DAILY:

**NEW* Yogurt- Bagel-Cheese Stick Lunchable OR Sunbutter & Jelly Sandwich on Whole Grain Bread*

** All lunch meals include Fruit-Veggie Bar & Milk*

SCHOOL MEALS ARE FREE FOR ALL KIDS!

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|--|--|--|
| 4 Spaghetti & Meat Sauce Fresh Tossed Salad Warm Garlic Bread | 5 Cheesy Flatbread Homemade Chicken Noodle Soup | 6 Hot Dog in Roll OR McFish Filet Sandwich Warm Baked Beans | 7 PIZZA DAY! Cheese OR Chef's Choice Fresh Tossed Salad | 8 WORKSHOP DAY NO SCHOOL |
| 11 HOLIDAY NO SCHOOL Columbus Day | 12 American Chop Suey Fresh Tossed Salad Warm Garlic Bread | 13 ITALIANS: Ham & Cheese OR Veggie Sweet Potato Fries | 14 "Breakfast for Lunch" French Toast & Eggs Hash Brown | 15 PIZZA DAY! Cheese OR Chef's Choice Fresh Tossed Salad |
| 18 Homemade Mac & Cheese Fresh Tossed Salad Warm Dinner Roll | 19 Chili & Cheese Bowl Tortilla Chips & Salsa | 20 <i>EARLY RELEASE</i> Chicken Burger OR Fish Filet Sandwich Crisp Oven Fries | 21 Homemade Shepherd's Pie Warm Dinner Roll | 22 PIZZA DAY! Cheese OR Chef's Choice Fresh Tossed Salad |
| 25 Ziti & Meat Sauce Fresh Tossed Salad Warm Garlic Bread | 26 NACHOS: Cheese OR Beef Very Nice Rice | 27 <i>EARLY RELEASE</i> Chicken Nuggets OR Fun Fish Sticks Crisp Oven Fries Warm Dinner Roll | 28 Grilled Cheese Sandwich Warm Tomato Soup | 29 PIZZA DAY! Cheese OR Chef's Choice Fresh Tossed Salad "Halloween Dessert"  |